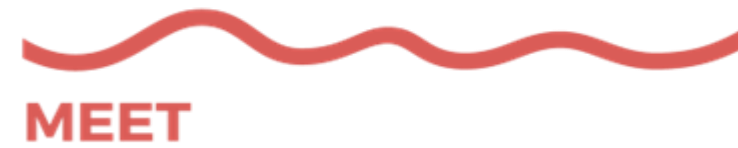


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MEntal WEll-being in Education for disadvantaged YOUTH

12th International Stakeholder Conference of Priority Area 9
“People and Skills” of the European Union Strategy for the Danube
Region

23 May 2024

Drⁱⁿ Barbara Glinsner

Drⁱⁿ Michaela Bruckmayer

€ **Funded by Interreg**

 **Project duration: 01 Jan 2024 – 30 June 2026 (30 Months)**

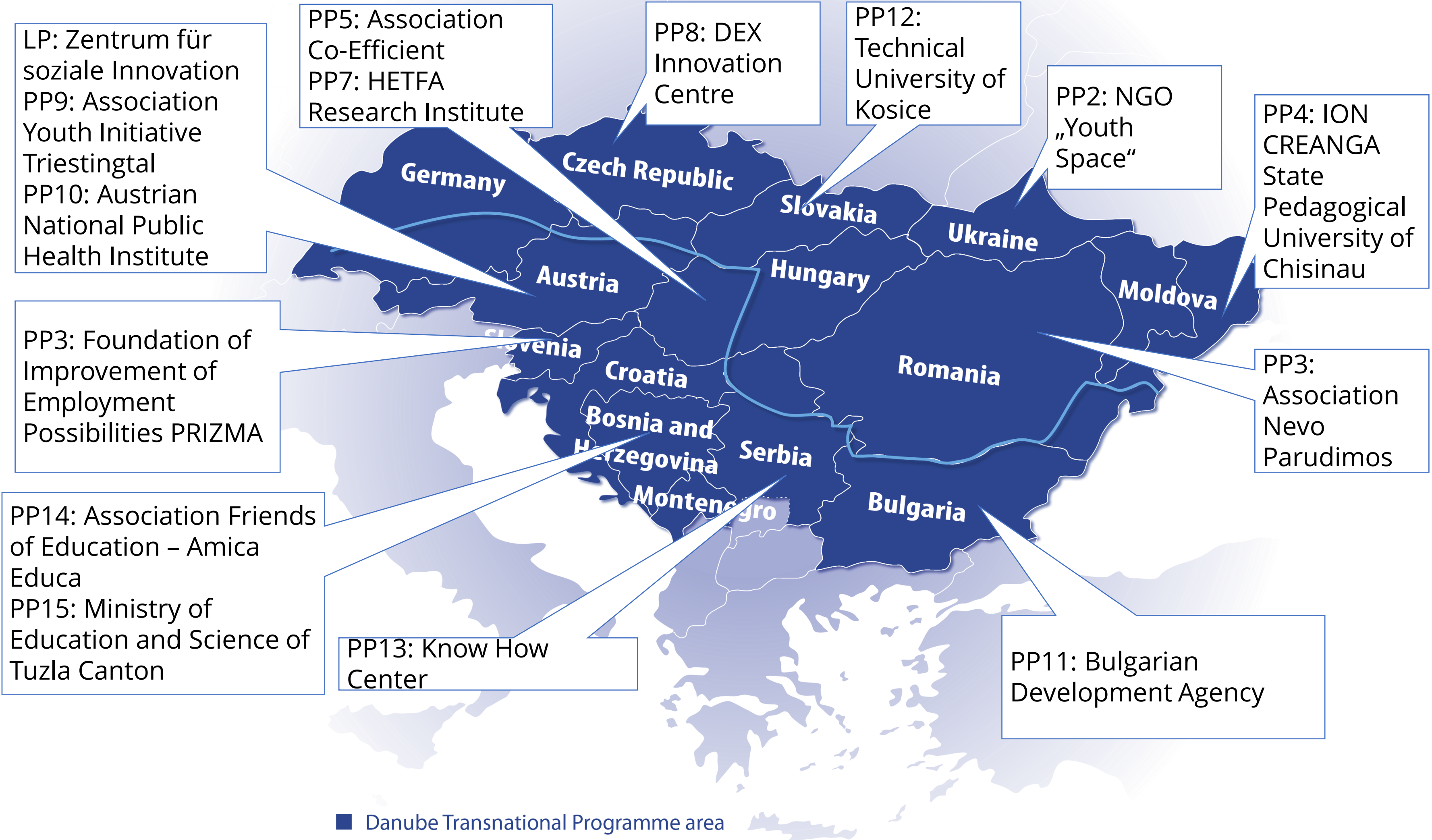
 **15 partner organisations across 11 countries**

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Context

- In 2019, 10-12% of young people aged 10-19 years in the Danube Region (DR) were affected by mental disorders.
- Multiple crises and challenges (COVID, Ukraine war, Climate change) are an increasing threat to young people's mental health and well-being.
- The global nature of these crises and the shared challenges in the DR call for a transnational approach.

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MEET objective:

MEET will contribute to building capacities for youth mental health promotion in formal and non-formal education and training through the development of inclusive and innovative tools and materials for educators and social workers and youth at risk, and by integrating mental health programs and guidance in education policy bringing together various practitioners and policy stakeholders of different levels in AT, BA, BG, CZ, HU, MD, RO, RS, SK, SI and UA.

MEET impact:

- to combat mental health problems among young people, especially among vulnerable groups of young people;
- to reduce poor school performance and drop-out rates, the number of NEETs;
- to enable a better educated workforce and contribute to reduced labour shortages.

3 Key priorities ('Special Objectives')

SO1: Building capacities of stakeholders

SO2: Inclusive Learning Tools

SO3: Policy development and uptake



SO1: Building capacities of stakeholders

A1.1 Youth-centred best practices catalogue

A1.2 Youth Mental Health Labs

A1.3 Webinar training series

SO2: Inclusive learning tools for Youth Mental Health

A2.1 Development of a transnational framework for mental health of young people

A2.2 Implementation of local pilots to integrate mental health into education and test innovative tools and learning materials

A2.3 (Impact) Assessment of pilots

A2.4 Development of toolbox for practitioners and learning materials for young people

S03: Policy development and uptake

A3.1 Danube Strategy for Youth
Mental Health in Education

A3.2 Local Action Plans for Youth
Mental Health in Education

Key deliverables

2

Catalogue on youth-centred best practices across PP countries

2

Transnational framework for mental health for young people

2

Interactive digital solution for transnational campaign

3

Webinar resource pack

3

Youth Mental Health Book

4

Report on pilots

5

Toolbox for practitioners

5

Learning materials for young people

5

Danube Strategy for youth mental health in education

5

Local action plan for each PP

Challenges & mitigation strategies

Defining target group

NEETs

Youth with ESL

Roma youth

Designing pilots

Tailoring best practices

Inclusive approach

Recruitment of disadvantaged youth

Consortium partners working with target group

Create environment that gives voice to young people

Lessons learnt (thus far)

- ❖ Build on the knowledge and expertise of the project partners**
- ❖ Trust their expertise**
- ❖ Challenge them to try new things**

Success factors

Experienced project manager

Strong project communication

Relevant subject matter expertise

Collaborative effort

Questions & Answers



Thank you!

Any questions, please contact Michaela at:

bruckmayer@zsi.at

Project website:

<https://interreg-danube.eu/projects/meet>

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